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Destination

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Sarawak

When disaster strikes you need 'information'

Lack of information on who to call, where to go, what to do or what NOT to do can turn a problem into a crisis into an emergency

Fisher's Travel SOS is a unique guide for anyone travelling abroad that focuses on providing 'local' emergency and critical contact information.

Information that might be required if faced with a situation encompassing:

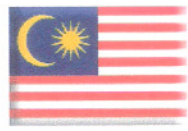
- **Medical issues**
- **Financial matters**
- **Missing / stolen items**
- **Missing / lost person**
- **Transportation**
- **Food and beverages**
- **Communication**
- **The law**
- **Accommodation**
- **National/Local Emergency**

The guide also features:

- **what to do when faced with an emergency in the country**
- **preparation before travel ('Before you go')**
- **known dangers (risks / hazards)**
- **vital phrases, words, images and symbols (where English is not the primary language)**
- **basic first aid (booklet versions only)**

Enjoy peace of mind for you and your family for less than the

Sarawak



Publication Due Date:

31 July 2007

Major cities covered in this guide:

Kuching, Miri

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Airports:

Kuala Lumpur International Airport (KUL); Kuching International Airport (KCH); Miri Airport (MYJ)

Currency:

Malaysian Ringgit (RM)

Time Zone:

GMT +8

Language:



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Malay, English, Iban

Attractions:

Sarawak Museum, Kuching Waterfront, Matang Wildlife Centre, Sarawak Cultural Village, Cat Museum, Bako National Park, Miri City Fan, Oil Well No.1 On Canada Hill, Mulu National Park(UNESCO World Heritage Site), Niah Caves,

General Information:

Sarawak/Malaysia is very safe for individual and family travel with violent crimes being very rare and localized. However, common sense and discretion should always be used as Sarawak's cities of Kuching and Miri have petty theft problems such as pick-pocketing, purse-snatching and car break-ins. This is especially true in and around major tourist attractions. It is recommended that you keep cell phones, cash, credit/bank cards and identification as near to your body as possible.

Sarawak is Malaysia's largest state. Kuching, its capital city, is the largest with Miri being the second largest; Sibiu and Bintulu are its two major towns.

Located on north-western Borneo, Sarawak is primarily an adventure and nature destination. It is home to many national parks including the famous Mulu National Park, a UNESCO World Heritage Site, that contains the world's largest underground cave chamber. Sarawak is also home to many ethnic groups including the Ibans, one time fearsome head-hunters.

Located along the banks of the Sarawak River, Kuching was founded in 1839 by James Brooke, the first White Rajah of Sarawak. Kuching is a delightful city full of Brooke era white-washed buildings, landscaped parks and gardens and an award-winning waterfront promenade. Here you'll find cat statues and even a cat museum, homage to the feline, for Kuching means cat in Malay.

Further afield from Kuching, is the Damai peninsula flanked by South China Sea on one side and Mount Santubong on the other. Resorts, an adventure camp, a golfing range and the Sarawak Cultural Village dot this lush peninsula. Kuching is also a good base for exploring the nearby longhouses, dwellings of the native Iban and Bidayuh tribes.

An hour's flight from Kuching is Miri city. Miri is the gateway to northern Sarawak and a launchpad for discovering the state's many national parks and the Bario Highlands. Founded on the fortunes of oil, Miri has a rugged frontier feel to it. Canada Hill, which runs along the breadth of Miri city is a landmark not to be missed for atop it is the Grand Old Lady, oil well No.1 that began production in 1910.

cost of a day's airport parking!

PRICE

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Self print £7.95

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